



☎ 204-668-8112 | 🌐 www.eaststpaul.com | ✉ info@eaststpaul.com
📍 1 - 3021 Birds Hill Road | 🕒 8:30 am to 4:30 pm



RM OF EAST ST. PAUL

Keeping ESP clean, one wagonful at a time

There's a dynamic duo patrolling the streets of East St. Paul armed with pickers and a wagon, making sure garbage left behind by others ends up where it should - in the trash.

Sisters Alice, 9, and Sophie, 7, have been cleaning up all kinds of garbage on the streets and walking paths in their neighbourhood since spring. Each week they head out with their parents and fill garbage bags with cans, bottles, cigarette butts and more, all left behind by other people.

The young trash heroes have a message for people who aren't using bins:

"Pick litter up and put it in the garbage can or recycling," says Sophie.

And Alice adds:

"It hurts the world, it hurts the earth. The earth is a living thing."

Dad Mitch de Rocquigny says he and Alice went out one day in March or April after cleaning up in their own backyard.

"We were picking up garbage in the backyard and thought let's take a walk around the neighbourhood," Mitch said. "During the melt there was quite a bit of garbage to pick up."

From there, it became a weekly activity for the family of four on the weekends. Mom Christine says the girls are motivated.

"It's their initiative. They want to go out and make the community a little cleaner, they don't like seeing the debris," Christine said.

"We don't have to push them, they actually ask us to go."

A teacher at Birds Hill School heard what the girls were up to and organized a school neighbourhood clean up as well.

And, their friends have joined them on several outings as well. Their biggest haul was three garbage bags full on one trip.

On to Cans for Cancer

During one cleanup, they found some beer bottles and dad told them those have value.

"They got motivated after they found a couple of beer bottles and we told them they're worth 10 cents. A light bulb went on," Mitch laughed.

Now they've notified the neighbourhood with posters by the mailboxes and are on a mission to collect \$500 worth of empties to donate the money to CancerCare.

"The initiative is \$500 for the month of August and whatever we collect, we'll match," Mitch said.

Christine and Mitch are very proud of their girls, and the girls feel a lot of pride in keeping their neighbourhood clean.

"They're learning that it takes a community," Christine said.

"And they're leading by example."

Way to go Alice and Sophie, your community is proud of you!



Alice and Sophie, below, with their Cans for Cancer poster, and with mom and dad on their weekly clean up around the neighbourhood.



Property Tax

DUE DATE

is Tuesday Sept. 29th

SEPTEMBER

29

Property Tax statements were mailed in July. If you have not received your statement, please call our office at (204) 668-8112.

Payment can be made the following ways to the RM of East St. Paul:

- o **Electronically:**
 - o **Online Banking** (please ensure you have made your payment 3-5 days ahead of the due date to avoid bank delays & late fees). **TIP:** Your Account Number will be your 10-digit Roll Number located on your tax statement. *Omit the decimal when entering your Roll Number.*
 - o **E-transfer** to: administration@eaststpaul.com (please include your home address in your e-transfer notes)
 - o **In-person** (located at 3021 Birds Hill Rd. Office hours are Monday – Friday from 8:30am – 4:30pm)
 - o **Debit** (remember to call your bank ahead of time to increase your debit card limit)
- o **Cash**
- o **Cheque** (addressed to RM of East St. Paul).
- o **Night Deposit Box** (located outside of our entrance doors at 3021 Birds Hill Rd.) Please ensure that your cheque is placed in a sealed envelope. Do not leave cash.
- o **Mail:** Cheques may be mailed to: RM of East St. Paul Unit 1-3021 Birds Hill Rd East St. Paul, MB R2E 1A7

**NOTE: Our office will be closed
Sept. 30 for Truth & Reconciliation Day**

Celebrating George Mulder as he turns 99

George Mulder, Jr is one of a handful of people who can say they lived and worked almost all their life within East St. Paul. He was born to George Mulder Senior and Daisy Mulder at their market garden in East St. Paul in 1927. In his nearly 100 years, he has seen many changes.

He attended Central St. Paul School, a one room school where one teacher taught Grades 1 to 8. It was replaced by East St. Paul School #1, now Dr. Hamilton School. He attended Lord Kitchener school (John Pritchard) and completed Grade 12 at East Kildonan Collegiate (Lord Wolseley). He rode his bicycle to and from school in all kinds of weather. When it was really cold, he carried a candle and matches with him so he could thaw the moving parts on his bike.

He and his brother Dick bought a truck and began Mulder's Sand and Gravel. George decided that this was not his calling, transferred his share of the truck to their older brother Everett, and began working at the new Imperial Oil refinery in 1951. That was also the year he married Edna Peterson from Narol, and they bought a one-room log cabin on a large river lot on Henderson Highway, not far from where he was born. Here they raised 4 children, as well as strawberries and crabapples for sale and vegetables for the family. They replaced the log cabin with a spacious split level; the cabin was moved south to another river lot and is still in use.

In addition to full-time work and part-time market gardening, George attended night school at RRCC where he studied Organic Chemistry. A life-long learner, George also obtained his private pilot's license.

George and Edna were both very active volunteers in many community activities. George served on ESP Council, the Home and School Association, and was a Boy Scout leader. He assisted with raising funds to build the ESP Curling Club, and served on its board. He was coordinator of development for the Henderson Regional Library and secretary of the building committee of the Elmwood-Kildonan YMCA.



and he encouraged the families of ESP to make use of these new facilities.

George was also active in provincial politics. He chaired a committee that petitioned the government to build the North Perimeter Bridge, and he recalls travelling with Duff Roblin to explore the land where Birds Hill Provincial Park is now located.



George retired from Imperial Oil in 1982, and after 34 years on their original property, George and Edna decided it was time to 'downsize'. They moved to a smaller property (only ½ acre) on Valerie Place in the North Hill Development in 1985. They enjoyed golfing and travelling, and sometimes they combined the two activities. They travelled throughout Canada and to Europe, South Pacific, Australia and the Orient. They golfed at Elmhurst, in Palm Springs and in Arizona.

They downsized again in 2002 and moved to an apartment in North Kildonan. That didn't last very long. They returned home to East St. Paul and lived in Country Villas until 2017, when they moved to assisted living.

After Edna died, George took “his kids” on several trips. Continuing his love of travel and new experiences, they visited Disney World, Cape Kennedy Space Center, Panama Canal, and took cruises through Holland and the Mediterranean. The past few years have been a little more sedate, with trips to Mexico where he visited a local school and to Cuba, where he swam with Dolphins.

George finds that as he approaches his 99th birthday, he is “slowing down a bit” to which his kids say, “It’s about time”. Until recently, he participated in many of the activities at Concordia Village. He has had to abandon axe-throwing because of deteriorating eyesight, but continues to enjoy the weekly Canadian



The life of George – at 95 swimming with the dolphins in Cuba with Kathy; below, visiting school children on a trip to Mexico; young George with his plane; and a handsome George posing for a photo.



Trivia Quiz. One week he could not attend and his team lost by fourteen points!! They were happy to have him back the following week to even up the scores.

In his almost 100 years, George has seen many changes in East St. Paul: he witnessed the 1950 flood where many properties were flooded at the bottom of Hoddinott Road. He watched the building of the Floodway, which has since been expanded and has saved the city more than once. The large market gardens along Henderson Highway have been replaced by large homes. The wheat fields along Hoddinott Road became the North Hill and Glengarry developments, and the mink ranches and gravel pits north of Birds Hill became the Silver Fox Estates and Country Villas.

George continues to follow the local politics, and East St. Paul will always be his home.

On Sept. 12th, let's all wish George a Happy Birthday!

PET OF THE MONTH

SEPTEMBER

Meet  **AMIE & GALE**

Meet Amie and Gale, two retired show dogs originally from Sudbury, Ontario. They are half-sisters who share the same dad but have different moms. Affectionately known as Thelma and Louise, they are always together—and usually up to a little mischief!

Amie and Gale are the seventh and eighth Pekingese their owner has had over the years because, as she says, “Pekingese are like potato chips - you can never have just one.” They love to travel and especially enjoy “glamping” with their family in the motorhome. These days, they spend their retirement being spoiled, relaxing and making sure no one forgets when it is time for a treat!





Show Off Your Star!

Do you have a pet that deserves the spotlight? Share their photo and a short bio (*name, age, favourite things, fun facts, or a funny story*) to be featured in East St. Paul's monthly newsletter!



CALL FOR ENTRIES

-  All pets welcome – dogs, cats, birds, reptiles, and more!
-  Send entries to: administration@eaststpaul.com
-  One pet is randomly selected each month to shine!

LET'S CELEBRATE THE AMAZING PETS THAT BRING JOY TO OUR COMMUNITY! 

MPI offers speed sign

The RM of East St. Paul will be placing a new speed display sign in the municipality after Manitoba Public Insurance reached out due to concerns of speeding and collisions caused by speeding.

Brent Vandurme, Road Safety Specialist with MPI says the sign will be loaned to the RM for five years at no charge.

While municipalities typically apply to use a speed display sign, in this case, MPI contacted the RM.

An analysis of speed-related collisions and Highway Traffic Act speeding convictions identified the RM of East St. Paul as having a relatively high number of both. As a result, MPI contacted the RM and encouraged it to apply for the Speed Display Sign Program. Following an evaluation of all applications, the RM of East St. Paul was selected to receive a speed display sign in 2026.

“This year we took a look at our data based on where speeding collisions are happening as well as where speeding tickets are being handed out,” Vandurme said.

“We approached the RM of East St. Paul to see if they wanted a sign to help with dealing with speeding in the area.”

The RM's Community Safety Officers have compiled a list of roadways in the municipality where speeding and speed-related collisions are a concern. The speed display sign will be placed at locations on the list, and will be moved as necessary.

The CSOs can use the data to determine where speed patrols are required to improve safety in the area.

“MPI contacted the municipality with concerns about speeding and speed accidents in the RM and we appreciate that,” said Marcus Hutton, the RM’s Protective Services Coordinator.

“Our goal is to keep citizens safe and abiding by the speed limit helps. These signs will provide a reminder to drivers that following the speed limit helps keep everyone safe.”

Vandurme says the signs function in several ways. When signs are on, they alert the motorist to the speed they are going with the hope that those who are speeding will adjust their speed and slow down.

The sign can also be turned off, but will still record speeds, allowing MPI and the RM to see how effective the signs are. Vandurme says data has shown the signs work well with some drivers, and not as well with others.

"They are more effective for people who are driving 10k or less over, where they are accidentally speeding, they see that they are speeding and they slow down," Vandurme said.

Speed display signs have been shown to reduce speeding and improve compliance with posted speed limits.

In 2025, MPI evaluated the effectiveness of speed display signs installed in 17 Manitoba municipalities. The study found that the percentage of drivers exceeding the speed limit decreased by 4% to 6% when the signs were active compared to when they were turned off.

"The data compiled by the speed boards allows the CSOs to determine where enforcement efforts are required," Hutton said.

September is back to school

September is back to school! The East St. Paul COPP would like to take the opportunity to send some important safety tips and reminders:

- **Slow down:** Be aware of residential and school zone speed limits.
- **Watch for the school bus:** Always stop completely for school buses with flashing red lights and extended stop arms.
- **Practice routes:** Walk, bike or drive the designated school or bus route with children ahead of time to identify hazards.
- **Use the crossing guards:** Establish visible crossing guard stations at busy community intersections.
- **Put screens away:** Teach kids to keep phones,

devices, and earbuds out of use while walking or biking near traffic.

- **Helmet habits:** Mandate properly fitted helmets for anyone riding bikes, skateboards or scooters.
- **The buddy system:** Encourage children to walk in groups or pairs.

If the Citizens on Patrol Program is of interest to you or for more information about us please contact us at: copp.eaststpaul@gmail.com.

And as always, just a friendly reminder to please report all suspicious or criminal activity to the RCMP, our local Community Safety Officers and the ESP COPP. Your reports can directly influence our community!

Fire Prevention Week Oct. 4-10

The theme for this year's Fire Prevention Week has been announced. The theme this year is "Charge into Fire Safety – Safe Charging is a Superpower. Your fire department will be communicating with the residents throughout the week via the social media platforms. In addition, keep an eye out for information that will be posted in the October newsletter.

Fire department members responding to calls

The East St. Paul Fire Department comprises of 40 firefighters and is considered a paid on-call fire department. Members are notified of incidents via a phone app and respond to the fire hall usually from their residences in private vehicles. Each firefighter's private vehicle is equipped with a flashing red dash light. According to the provincial Highway Traffic Act, a vehicle not ordinarily used for emergency purposes being driven by a volunteer, part time responder or on-call emergency responder that is used to respond to a fire, medical or other emergency is considered to be an emergency vehicle.

Please pull over if you notice a private vehicle with a flashing red dash light. It will be a fire department member responding to a call.

Calls for service

Your fire department has been busy. As of Aug. 11, we have responded to 284, our busiest year so far. The bulk of the calls have been medical related.

Fire Open House

The annual open house will take place this year on Sept. 26 from 10am – 2pm at the fire hall, located at 2127 Camsell Ave. Demonstrations, barbecue and more.

Need information?

If you have any questions or require any information regarding the fire department or fire related matters, leave a phone message at 204-668-0064 or email fire.department@eaststpaul.com and someone will get back to you.

Thank you

Your East St. Paul Fire Department

EAST ST. PAUL FIRE DEPARTMENT

OPEN HOUSE

SATURDAY

SEPTEMBER

26

2026

10 AM—2 PM

FIRE HALL

2127 Camsell Ave.
(beside the administration building)

ALL RESIDENTS
ARE INVITED

WHAT'S HAPPENING

Static displays of fire department vehicles and equipment

Public access to the fire hall

Children's firefighter challenge

Face painting for children

Vehicle extrication demonstration

Fire safety trailer sponsored by Manitoba Firefighters Burn Fund

FREE hamburgers, hotdogs and refreshments • 10AM—2PM

Your Fire Department • Your Community • Your Safety



PARKINSON CANADA

SUPERWALK







**SATURDAY
SEPTEMBER 12
2026**

**BIRD'S HILL
UNITED CHURCH**
2105 BURTON AVENUE

	REGISTRATION	9AM
	WARM UP	9:45AM
	WALK	10AM



Parkinson Canada
SuperWalk

FOR MORE INFORMATION
CONTACT LOUISE AT
204-661-5776



RM OF EAST ST. PAUL

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Councillor Corner – Brian Duval

I will take this opportunity to formally announce I will not be seeking re-election for council in the upcoming election in October 2026. I feel it is time for the torch to be passed on to a new candidate with fresh ideas, enthusiasm and dedication to serve our community.

The past 12 years have been immensely rewarding. I have learned, sometimes the hard way, a tremendous amount about the workings, procedures and complications of municipal operations and why things can't necessarily happen simply as we wish. A big positive of the experience on council is having the opportunity to meet and work with many interesting people such as colleagues in other RMs, provincial and federal officials, consultants, community organizations, etc.

I thank the members of council I've had the pleasure to work with for their dedication, service, and friendship as we dealt with many issues over the years, some difficult and contentious. While we didn't always have shared opinions, such is the strength of a strong democratic system, and through it all their dedication to improving the community was, and always will be, never in doubt.

I would like to thank our staff in Administration, Operations, Community Service and Recreation, Fire and EMO Dept., and Community Safety Officers. These are the people that run and make our community what it is today. They should never be taken for granted and we are fortunate to have such competent and dedicated personnel on staff.



I would also like to recognize the many groups, organizations, service clubs, church groups, etc., that make ESP a complete community. We are very fortunate to have a thriving Curling Club and Canadian Legion, Lions Club, 55 Plus Club, Community Club and the list goes on. The importance of these organizations must always be understood.

Lastly, and most important, I express my sincerest gratitude to the residents of ESP and particularly those of Ward 3, for entrusting me and providing me with the privilege of serving the community for the past 12 years.

Wishing all the best of health and success,
Brian Duval

Artist of the Month

Jo Smoley is an East St. Paul-based multimedia artist and member of the Manitoba Society of Artists. Her practice explores the spiritual and energetic presence within Canada's forests and waterways and other of nature's blessings.

Educated in computer science, Jo has maintained a lifelong visual art practice shaped by her prairie upbringing. Her work begins from one of her photographs or a memory and develops through a layered dialogue between artist and canvas.

Working in watercolour, acrylic, oil, cold wax, ink and mixed media, Jo creates intuitive to abstract compositions that retain a subtle trace of nature. Her paintings seek to express harmony, balance, and the unseen Chi that animates the composition.

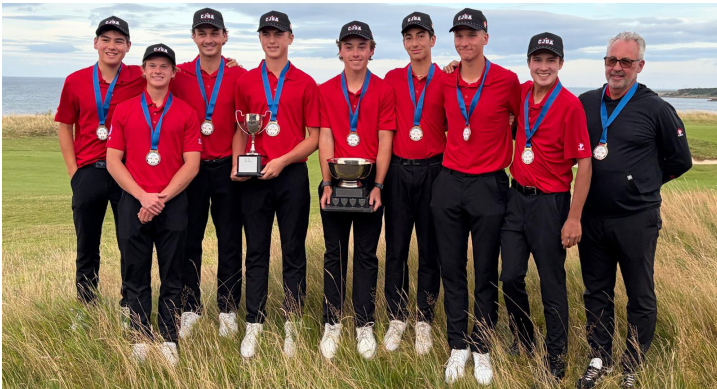
Jo leads a group of 55+ creatives in East St. Paul called Creative Minds. It's a day to enjoy painting, sharing ideas and basically just having fun. She welcomes you to join the 55+ community and come to her Creative Minds group every 2nd and 4th Monday of each month between the hours of 11 a.m. and 2 p.m. It's a lovely way to spend the day learning with no pressure to create a masterpiece. Contact her for more information.

Jo can be reached at (204) 960 9807, josmo-ley@gmail.com, www.josmoyleartgallery.com
IG: @josmoyleart



Dunks for Rams

East St. Paul CSOs and the RCMP had a dunk tank at East St. Paul Days and took donations for RAMS Animal Adoption Centre. They raised \$200 and Meagan Shaw, ESP's Community Services Manager, along with CSO Markowski, presented a cheque to Meghan Main, Director of RAMS. Main says the money will be used for veterinary expenses.



Congratulations to East St. Paul's Brenin Devlin, above, fourth from left, a member of Team Canada at the 2026 Euro Cup Golf Championship last month.

Team Canada captured the title, besting golfers from Scotland, the United States and Mexico in match play. The tournament was held in St. Andrews, Scotland.

ROYAL CANADIAN LEGION 215

QUIZ NIGHT

215 MAXWELL KING DR
EAST ST. PAUL

SATURDAY, SEPT 12
7 TO 9 PM

Join us for a fun quiz night at the Legion, trivia presented by Quizzlers.
Doors open at 6:30pm.

TEAM SIZE: UP TO 8
\$20 PER PLAYER
BAR MENU AVAILABLE

Door prizes and 50/50

KIDS YOGA CLASS

Thursdays 11:15am-11:45am	Sept 10- Dec 3 13 Sessions	\$130 Ages 2&3
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scan the QR or visit eaststpaul.com to register

Fall Cookie Decorating

Friday
September 11 & October 2
Time: 6:30pm-8pm
Limit: 30 participants
Price: \$50/person
register at eaststpaul.com