



NOVEMBER EDITION

204-668-8112 | www.eaststpaul.com | info@eaststpaul.com  
 1 - 3021 Birds Hill Road | 8:30 am to 4:30 pm

RM OF EAST ST. PAUL

# Crosswalks honour Remembrance Day



**- HENDERSON LEGION -**

**Remembrance Day Service**  
 will be at  
**Eastview Community Church**  
 315 Maxwell King Drive

*Lest We Forget*

**SERVICE STARTS AT 10:50AM SHARP**  
 Light lunch to follow at Henderson legion  
 - 215 Maxwell King Drive -

The RM of East St. Paul is deeply proud to honour Canada's veterans through the creation of a new Remembrance Day crosswalk, a striking and heartfelt tribute to those who have served and sacrificed for our freedom.

Similar crosswalks have appeared in communities across Canada, and East St. Paul is honoured to join this national expression of remembrance, pride, and gratitude.

Supported by Council, this initiative reflects our community's shared commitment to celebrating the courage of those who serve and to remembering those who made the ultimate sacrifice in the name of peace and freedom.

The design features vivid red poppies and the solemn silhouette of a soldier, powerful symbols of remembrance, respect, and unity. Two locations in our community will proudly showcase this meaningful artwork: Agar Avenue

at Birds Hill Road, leading to the Cenotaph at Memorial Park, and Maxwell King Drive near the Royal Canadian Legion Branch 215.

We invite all residents to visit these sites, pause for a quiet moment of reflection, and join us in honouring the brave men and women who have served — and continue to serve our country.

**Lest we forget.**

# Water and wastewater increase amounts to less than a penny a flush

The RM of East St. Paul is raising its water and wastewater rates for the first time since 2012, and the increase amounts to less than a quarter of a cent per flush in year one, and just over three-quarters of a cent in year four.

The RM has received approval from the Public Utilities Board (PUB) for a rate change to its water and wastewater utilities. According to the Manitoba Municipal Act, a council may pass by-laws for municipal purposes respecting public utilities.

Updating the municipality's water and wastewater rates is essential to maintaining the financial stability of the RM's utilities.

The increase will be phased in over a four-year

period beginning October 2025. The increase will be reflected on Quarter 4 bills issued in early 2026.

Prior to the increase, the rate was \$3.84 per cubic meter (\$1.79 for water and \$2.05 for sewer).

The new rate, as of last month, was \$1.94 for water and \$2.25 for wastewater, for a total of \$4.19 per litre. A standard, modern toilet uses about six litres of water per flush – if you do the math the new rate translates into 0.419 x 6 litres = 2.514 cents per flush, an increase of .21 cents over the previous rate, which was 2.304 cents per flush.

The rate will rise again in July 2026, with water going up to \$2.09 and wastewater up to \$2.45 for a total of \$4.54. In 2027, the water rate is

\$2.24, wastewater is \$2.65. In 2028 water is \$2.40 and wastewater \$2.83.

The RM hired a consultant to conduct a rate study, which was completed in early 2024. By-laws for the utility rates were given first reading and then submitted to the Public Utilities Board. Notices were given to residents who had the opportunity to comment. A small group of residents had questions, and the RM provided answers to them.

The PUB can require that a public hearing be held but did not require one in this case. The PUB has approved the rate increase and the RM has given second and third readings to the bylaws, which have been approved.

# Remembrance Day Message From Council



On November 11, we pause together to honour the courage, sacrifice, and service of Canada's Veterans, active service members, and their families. Their dedication has safeguarded the freedoms and opportunities we enjoy today, and their legacy reminds us of our shared duty to build a more peaceful future.

At the eleventh hour, we invite all residents to observe a moment of silence and reflect on the lives given and forever changed by war and peacekeeping. Lest we forget.

— Mayor and Council

### In Flanders Field

In Flanders fields the poppies blow  
Between the crosses, row on row,

That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

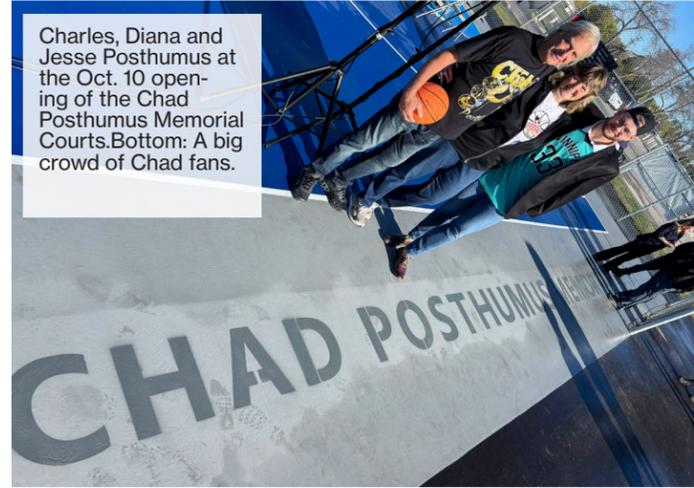
We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved, and were loved, and we lie  
In Flanders Fields.

Take up our quarrel with the foe;  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders Fields.

- John McCrae

# In honour of Chad

Charles, Diana and Jesse Posthumus at the Oct. 10 opening of the Chad Posthumus Memorial Courts. Bottom: A big crowd of Chad fans.



Family and friends gathered at the Gateway Recreation Centre on Oct. 10 to officially open the Chad Posthumus Memorial Courts, in honour of the East St. Paul basketball star who died less than a year ago after suffering a brain aneurysm.

Winnipeg City Councillor Jeff Browaty welcomed everyone to the courts on an exceptionally sunny fall day.

“We are here today because of the life and legacy of Chad Posthumus, a man who had a heart bigger than the basketball court we stand on. We tragically lost Chad less than a year ago, but the impact he made on family, friends, teammates, coaches, supporters and every other person he met along the way, will be remembered forever.”

Chad was the Captain of the Winnipeg Sea Bears and the first player signed to the team.

Parents Diana and Charles, along with brother Jesse and sister Christina were special guests at the opening.

“It’s a great day for our family to have this basketball court named in Chad’s honour,” an emotional Diana said.

“He loved his community, and he proudly represented them from the time he started playing to when he became ‘the Beast from River East, while playing with the Sea Bears,” Diana said.

“Chad was an advocate for creating outdoor courts, working together with the Sea Bears and Buckets and Borders, to create accessible spaces for all to enjoy. He loved playing outdoors and he felt it was a great starting point for those individuals, who just learned to play or those who wanted to play some pick-up ball with some experienced players. There were many times Chad went to an outdoor court and played with whoever was at the court on that day.”

The courts will be used for years to come.

“Chad was an incredibly kind, compassionate and caring young man. We were so fortunate to know him and we look forward to generations of young basketball players getting to know his whole story while honing their skills at the Chad Posthumus Memorial Courts,” Browaty said.



# Swistun Pond remediation work



A team from Lakewater Nutrient Capture worked in Swistun Park last month to help improve the health of the ponds. They set up a floating barge equipped with specialized technology designed to remove excess phosphorus from the water.

Phosphorus is a key contributor to algae growth and pond eutrophication. By removing it, we reduce the nutrients that algae rely

on, helping to restore balance to the aquatic ecosystem. This process works much like filtration—capturing and removing phosphorus directly from the water.

The treatment is non-invasive, environmentally safe, and sustainable, ensuring that the pond’s natural ecosystem remains protected while improving overall water quality.



## Halloween dance at ESP Banquet Hall



## Firehouse Subs grants more than \$32,000 in equipment to ESP Fire Department



East St. Paul Fire Department members, centre, left to right, Firefighter Jett Sielkie-Bullard, Chief Ray Riddolls, Captain Jernej Anderlic and Firefighter Evan Michaels.

**F**irehouse Subs grants more than \$32,000 in equipment to ESP Fire Department

The East St. Paul Fire Department has 10 new radios that help with communications thanks to a grant from the Firehouse Subs Public Safety Foundation of Canada.

Captain Jernej Anderlic says the department was approached by Firehouse Subs franchise owner and East St. Paul resident Ken Jur last year and were encouraged to apply for a grant. Since 2015, when the first Firehouse Subs restaurant opened in Canada, the Foundation has been providing grants for lifesaving equip-

ment and educational opportunities in Canada. More than \$5 million has been provided across the country.

On Oct. 1, at the Firehouse Subs on Taylor Avenue in Winnipeg, the East St. Paul Department received 10 radios, four Fleet Net and six VHF, valued at more than \$32,000.

Fleet Net radios allow for communication province wide, while VHF are similar to walkie talkies and allow for communication at the scene of a fire.

The Department thanks Ken Jur and Firehouse Subs for the support!

## CSOs, COPP up patrols after vandalism to fence

**T**he RM's Community Safety Officers (CSOs) and Citizens on Patrol Program (COPP) have stepped up patrols in Southlands following frequent vandalism to the fence that runs between Henderson Highway and Mowat Road.

Residents have brought their concerns about the recurring damage to the RM, and CSOs are keeping watch and asking the public to do so as well.

The damage is not only unsightly, there is an ongoing cost to taxpayers to repair the fence boards.

The fence is part of the design and identity of the area and it's everybody's responsibility to have pride in the community.

Resident Al Yakimchuk says the guilty parties don't seem to have any sense of community, and the RM no sooner repairs the damage, and the vandals strike again.

"I noticed the other day that a couple boards were kicked off the fence again, they were just put back on. It's a little game," Yakimchuk said. "It must be annoying for the workers."

Yakimchuk says besides the fence, flower pots and yard ornaments are a favourite target for vandals.

Damaging the fence is a criminal offence and if found guilty the penalty for Mischief Under \$5,000 carries a maximum penalty of two years in jail and/or a \$5,000 fine.

If you see anything suspicious or see individuals damaging the fence, please notify the RCMP or CSOs. Do not put yourself in harm's way.

If you'd like to help reduce crime in the community, consider becoming a member of COPP. Contact the coordinator at [copp.eaststpaul@gmail.com](mailto:copp.eaststpaul@gmail.com)




# Charles Posthumus inducted into Football Manitoba Hall of Fame

East St. Paul Coun. Charles Posthumus was inducted into the Football Manitoba Hall of Fame as a member of the Assassins touch football team on Sept. 25.

The Assassins won 30 league titles over 33 years and in 1982 won the National Intermediate Championship. They retired from outdoor play in 2011.

Posthumus was a tight end with the Assassins up until 2003.

Posthumus was thrilled with the induction.

“I was very excited. I didn’t expect that,” he said.

“We’re the first touch football team to get inducted into the Hall of Fame.”

Posthumus was offered a CFL contract by the Calgary Stampeders back in 1970s, but he opted to keep working construction instead, which paid far better, he said.

“A signing bonus in ’77 was like a thousand, and you made like 10 grand, so it wasn’t a lot of money,” he said.

He continued to play though, with the Winnipeg Hawkeyes, now known as the Winnipeg Rifles, and the Rods. He played with Bomber legend Chris Walby on the Hawkeyes, and Kevin Neiles and Bill Hasiuk. And with the Assassins, he played alongside several Bomber greats, who came to touch football after their careers were over.

“Every time a Bomber would retire they’d come to our team or one of our archrivals,” Posthumus said, noting former Bombers James Murphy and Troy Westwood played with the Assassins.



The induction weekend featured a dinner and a golf tournament, followed by a barbecue at Posthumus’ home. The inductees also went to the Bomber Hall of Fame Game.

Congratulations Charles!

## Hamper Drive

The Abundant Life Lutheran Church is facilitating a Christmas hamper drive for community members in the East St. Paul area and areas north of the Perimeter High-

way. Businesses and individuals who are able are asked to donate money so hamper items, including children’s toys and grocery gift cards, can be purchased and donated to those in need. Donations over \$10 are eligible to receive a tax receipt from the church.

Hampers will be prepared at the church on Dec. 9 at 6pm.

For more information contact Angie Hughesman at chair@abundantlifelutheran.ca or call 204-330-6248.

## CSO enforcement area expanded

The RM of East St. Paul has entered into an agreement with the RM of Springfield, granting East St. Paul’s Community Safety Officers authority to perform their duties within the RM of Springfield, on a section of Hwy. 59, about 5 kms in length, that runs between the borders of East St. Paul.

As CSOs regularly travel this portion of the highway, they will now be able to conduct enforcement activities and provide assistance to the RCMP when needed. This regional partnership was reviewed and approved by Manitoba Justice.

# Artist of the Month

## Edward Dumanski

Ed Dumanski, raised in the East Kildonan area of Winnipeg, started his artistic journey in watercolour while he was still employed full time. Being inspired by photography, he often stops to capture an image during his other therapy - cycling. These are translated onto paper, panel or canvas.

Gleaning skills, tips & tricks from many influential & talented artists through art classes or workshops with several art organizations, he continues to add & experiment with many art mediums including but not limited to acrylic, collage, mixed media, ink & water soluble oil.

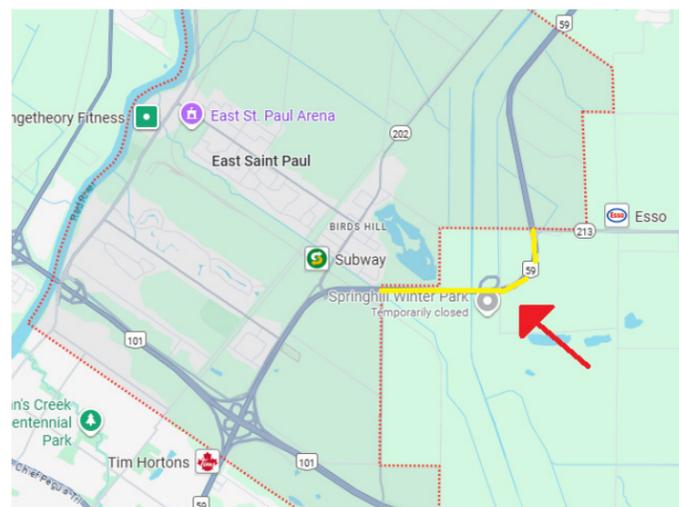
Exhibiting &/or membership with Forum Art Institute, Northern Lights Group, Manitoba Society of Artists, & the Winnipeg Sketch Club has given him the opportunity to find appreciative art collectors across Canada, the United States and New Zealand

This is a very small colourful selection of art in various mediums & styles ranging from realistic to impressionism to abstract. All watercolours are framed to compliment the art.

Ed can be contacted at: edwarddumanski@gmail.com for more information.



Each month, we’re lucky to have new artwork brighten up our office walls, thanks to the talented local artists who share their work with us. Many of the pieces currently on display are available to find a new home. For those interested in learning more about a particular piece or artist, please contact our office for details.



## Royal Canadian Legion

Henderson Highway Branch #215

215 Maxwell King Drive  
East St. Paul, Manitoba R2E 0P4

**FREE**  
**PANCAKE BREAKFAST**

**THURSDAY, NOVEMBER 13, 2025**

**11:00 A.M. - 1:00 P.M.**

**HOSTED BY:**

**THE CALGARY GREY CUP COMMITTEE**  
**PROUD TO SHOWCASE THEIR PANCAKE FLIPPING SKILLS.**



**COME AND MEET**  
**"TUFFY NUFF"**  
**THE FAMOUS GREY CUP HORSE**

**LIVE ENTERTAINMENT**

