



☎ 204-668-8112 | 🌐 [www.eaststpaul.com](http://www.eaststpaul.com) | ✉ [info@eaststpaul.com](mailto:info@eaststpaul.com)  
📍 1 - 3021 Birds Hill Road | 🕒 8:30 am to 4:30 pm

RM OF EAST ST. PAUL

# Celebrating Canada Day with Henderson Legion

Sun, fun, music, games and food were the side dish to July 1st's main course, Canada Day!

The Henderson Legion once again hosted a party to celebrate Canada's birthday. East St. Paul Mayor Carla Devlin, along with Couns. Brian Duval, Charles Posthumus and Orest Horechko grilled burgers and hot dogs and were joined by MP Raquel Dancho's staff members who made sure they kept the BBQs full.

Legion President Diane Tashe welcomed everyone to the event, as did Mayor Devlin and MLA Jeff Wharton.

The band Night Train provided great music all afternoon.

Thanks to the Henderson Legion and all their volunteers for putting on a great community event!

With full pride on display, the community descended on Henderson Legion 215 to celebrate Canada Day. Clockwise from top: Paety, Matthew, Jennifer & Aaron from Raquel Dancho's office manned the grills; Isabella and Kaydence wore their pride; Mayor Carla Devlin, Couns. Charles Posthumus, Orest Horechko and Brian Duval stopped flipping burgers to pose for a photo with MLA Jeff Wharton; the Canadian cuties selling tickets, Diane, Ginny, Coreen and Sharon; Kaylee and Addison were waving the flag; and Asher came as Super Canada and wore his flag. In the centre is Donna, who donned the Elbows Up with perfect Canadian attitude! Above Donna is Legion President Diane Tashe addressing the crowd with band Night Train ready to perform.





# Solution to ESP hydro outages complex; requires ‘significant investment,’ Hydro boss says

The President and CEO of Manitoba Hydro says old infrastructure, overgrown trees and an inability to raise rates are contributing to the frequency of service interruptions in East St. Paul.

The RM sent a letter to Manitoba Hydro in June expressing concerns over frequent and lengthy power outages in the municipality and the community’s growing frustrations with the problem.

In a letter of response, Allan Danroth writes: “We understand the frustration that comes with service interruptions. I assure you that our commitment remains to provide safe, reliable, and affordable energy for all Manitobans. To do this we must evolve, through increased funding, modernized infrastructure, and more efficient practices,” Danroth replied.

“We acknowledge that the reliability of our electric system is impacted by aging infrastructure, vegetation management, and constrained rates; all of which impact our ability to meet this goal. Addressing these issues requires significant investment and close collaboration with communities like yours.”

The RM highlighted two recent power outages on June 2nd, one unplanned that began at 1:55pm and remained until 5:30am the next day, June 3rd, leaving affected residents without

power for more than 15 hours. A second outage occurred at 2:21am that same morning and power remained out until 5:14am.

In the RM’s letter, the impact to the RM and to residents was outlined:

“Power disruptions put critical infrastructure at risk, particularly our water treatment plant. Although we are fortunate to have backup generators, their operation requires constant monitoring. In a recent case, one of our employees was on-site for over 25 consecutive hours to ensure continued service. This level of demand places a significant strain on both our staff and our municipal budget, especially as overtime costs continue to rise,” the letter said.

“Our residents are understandably frustrated - they are paying more while experiencing more frequent service interruptions. Our municipal office receives daily inquiries and complaints, and while we do our best to address them, the root causes remain beyond our control.”

Danroth said Hydro’s increases have been modest - at or below inflation - in recent years and that they are currently on a one-year freeze. The municipality is served by several feeder lines and one of them, which supplies power to the village, has shown to be the least reliable of those coming into the RM. He said future plans call for refurbishment of that

line, but while planning is underway, financial constraints have delayed the finalization of a construction timeline.

He also says about 60% of the RM’s outages are caused by external factors like wildlife, vegetation contact, weather, or car accidents. The rest are equipment failures, including pole fires from debris buildup on insulators, faulted cables, and failed transformers or planned maintenance work.

“Notably, the most impactful outages, those affecting the largest number of residents and for the longest periods of time, have largely been due to Mother Nature and accidents, as such, beyond our control,” Danroth wrote.

On June 2 & 3, he notes multiple poles and lines were damaged by pole fires and required complex repairs and additional safety measures. He said several improvements have been completed recently to reduce the frequency and duration of outages in East St. Paul, including the installation of several vipers to minimize the number of customers affected during outages (2022-23), vegetation management (2022-24), and the replacement of porcelain cutouts (2024-25).

The read the RM’s letter to Manitoba Hydro, click [HERE](#). For Manitoba Hydro’s response, click [HERE](#).

## Mulder named to Order of Canada

### PET OF THE MONTH



**I'M MYLO!**

I'm the grandpuppy of one of our staff members and I'm cute as a button and a little prone to having too much fun!

### Show Off Your Star!

Do you have a pet that deserves the spotlight? Share their photo and a short bio (name, age, favourite things, fun facts, or a funny story) to be featured in East St. Paul's monthly newsletter!

- All pets welcome – dogs, cats, birds, reptiles, and more!
- Send entries to: [administration@eaststpaul.com](mailto:administration@eaststpaul.com)
- One pet is randomly selected each month to shine!

LET'S CELEBRATE THE AMAZING PETS THAT BRING JOY TO OUR COMMUNITY!



Kathy Mulder. Photo courtesy World Federation of Hemophilia.

East St. Paul's Kathy Mulder was named to the Order of Canada this June, one of 83 individuals to receive the honour.

For decades, Kathy Mulder has striven to improve and advance care for people with inherited bleeding disorders. Notably, she was the first woman, physiotherapist and Canadian to chair the World Federation of Hemophilia's Musculoskeletal Committee. Now retired, she has mentored and inspired fellow specialists in Canada and around the world.

“It is a great honour to be recognized for my work around the world with people with inherited bleeding disorders. We are so fortunate to live in Canada where we have such excellent care,” Mulder said.

“In 80% of the world, adequate medical care is unavailable because the treatment products are so terribly expensive. In these countries, physiotherapy is the most important treatment. I was happy to help many physiotherapists develop their expertise and improve the lives of their patients.”

Congratulations Kathy!

The Order of Canada is the cornerstone of the Canadian Honours System. Since its creation in 1967, more than 8,200 people from all sectors of society have been appointed to the Order. The contributions of these trailblazers are varied, yet they have all enriched the lives of others and made a difference to this country.





# Cell tower approval federal responsibility

As cell phone usage continues to grow, so too does the demand for reliable wireless service. Many of us rely on our mobile devices every day - for work, for safety, and to stay connected with loved ones. Strong cell service is no longer a luxury; it's a necessity. However, as new towers are proposed to meet this demand, concerns are often raised about their location and impact on the community.

One of the most common questions we hear at the municipal office is: "Why did Council approve a cell tower near my home?" The short answer is - they didn't.

It's important to understand that municipalities do not have the authority to approve or deny the construction or placement of cell towers. These decisions fall under Federal jurisdiction and are regulated by Innovation, Science and Economic Development Canada (ISED). While municipalities are consulted as part of the process, the final decision rests with the federal government.

It's completely natural to feel uneasy when a cell tower is proposed near your property. This is often referred to as the "Not in My Backyard" mentality. People generally support improved wireless service, but not when the infrastructure required to deliver that service is placed near their home, school, or park.

That said, reliable coverage depends on the strategic placement of towers throughout a region. Without them, call quality suffers, data slows down, and emergency communications can be compromised. It's a balancing act between the need for service and the concerns of local residents.

Health and safety are another common concern. According to Health Canada and ISED, radiofrequency energy from cell towers is far below the limits outlined in the Safety Code 6 guidelines, which are among the most stringent in the world. Health Canada states that: "No adverse health effects have been established from exposure to the radiofrequency energy emitted by cell towers." All tower installations in Canada must comply with these standards.

For more on Safety Code 6 click [HERE](#)

While the RM does not make the final decision, we do provide feedback during the public consultation phase. We advocate for community interests wherever possible and ensure that tower proponents follow appropriate protocols for public notification and engagement.

We know these issues can be frustrating and confusing. If you have concerns about a proposed cell tower, we're here to help guide you to the appropriate contacts and information sources.

At the end of the day, we all benefit from a strong wireless network, but we understand that achieving this in a way that respects community values requires appropriate dialogue.

# ESP Skating Club wins provincial, national awards

The East St. Paul Skating Club has won the 2025 Skate Manitoba and Skate Canada National Club/School Awards.

Head Coach Tanya Pilat said it's an honour for everyone associated with the club, from the skaters and coaches to volunteers and board members.

"It's a pretty big deal," Pilat said, noting they don't do it for recognition, but it's still nice. "We have a great supportive volunteer board, and that's really important to have. We can't run the programs without the support of the families and having them all on board."

The Club meets or exceeds Skate Canada delivery standards, and the awards demonstrate how everyone has worked hard to grow the club and see its skaters succeed at all levels.

The East St. Paul Skating Club, which has winter and summer programming, offers a variety of programs to all ages and abilities, including a strong adult program it's developing that aligns with Skate Canada's Skate for Life policy.

"For our community members, anyone who wants to learn how to skate, we're giving them a program that they can do that in and keep that skate for life going," Pilat said.

The club offers Pre-CanSkate/CanSkate through STARSkate to Podium Path, power skating, synchro and adult programming, providing something for all ages and all stages of development.

The club is always growing its coaching staff and has achieved several successes.

"We've been able to build our programs around great, solid coaching, and that's definitely been a benefit. One of the things that stood out is the teamwork we have within our club and that was evident in our nomination as well," she said.

"Our small community skating program has reached the national level with our skaters in the past few years. Having successes at the regional and club levels, and the growth of our programs, but also those programs developing athletes into the higher-level competitive programs as well."



In the past five years, the club has had skaters reach the national level in Men's and Pairs. Adult skaters also travelled to Italy in January 2024 to compete in the Winter World Masters Games and have attended events in Ottawa, Nashville and Calgary.

The club has seen a dramatic increase in registration and currently has 250 members.

"For people to notice what we're doing in our neck of the woods, it's really nice," Pilat said.

## Slow down please

East. Paul COPP wants to help address speeding concerns on residential streets in the RM. Speeding is a danger to everyone - adults, children and pets.

Besides trying to capture a license plate, make & model of the "speeder" and reporting it to the RCMP, CAA has a program that may be of interest to you.

CAA is offering members a free "Slow Down Please" sign (one per household) that you can place in your front yard along the road. This is a limited time offer so please go to your nearest CAA and ask them for the sign.

Once received, the condition of the sign is the responsibility of the homeowner. Signs must be placed on a homeowner's lawn and can be used year after year.

This offer is for CAA members only.



**Royal Canadian Legion**  
Henderson Highway Branch #215  
215 Maxwell King Drive  
East St. Paul, Manitoba R2E 0P4

**OUTSIDE PATIO ALL DAY**  
**BAND FEST**  
**ROOF FUNDRAISER**

**SATURDAY, AUGUST 23, 2025**

**FEATURING:**

12:00 - 1:00	ST. MARY'S EXPRESS
1:30 - 2:30	THE JIGA BILLIES
4:00 - 5:00	PURPLE HAZE
5:30 - 6:30	IGGY COOL
7:00 - 8:00	BLUE FX
8:30 - 11:00	NIGHT TRAIN

**SILENT AUCTION**  
**TOONIE DRAW \* 50/50**  
**BBQ \* HOT DOGS \* HAMBURGERS**



RM OF EAST ST. PAUL



# Councillor's Corner - Brian Imhoff Ward 1

This month, I want to talk a little bit about wastewater treatment. Through the engineering firm engaged by East St. Paul to work on a solution to our Wastewater Treatment Plant needs, an exciting opportunity presented itself to participate in testing an updated treatment process.

At no cost to the RM, one of our two existing Sequencing Batch Reactors (SBR) will soon be retrofitted with the Cyclor Turbo System as part of a pilot project to demonstrate a technology that is currently very successful in Europe and Asia under a wide range of climate conditions. This is a relatively simple upgrade that builds on the same batch-style treatment process as SBR. The retrofit can be performed using the existing infrastructure with relatively minor modifications. Because this project will be conducted right next to the other SBR, it will allow for data collection, analysis and comparison of the two processes under the exact same operating conditions.

This project will be coordinated between East St. Paul's consulting engineer and a local engineering firm who are the process specialists, with oversight provided by Manitoba Environment and Climate Change, which is the department that oversees water and wastewater treatment licensing in the province. We will be the first place in North America to trial this particular system.

At their cores, this new system and the traditional SBR system operate on the same fundamental principle of treating wastewater in sequential phases. These phases all occur within a single tank, allowing for a compact and efficient treatment cycle. The big difference is the innovation introduced by Cyclor Turbo, which utilizes densified biomass with



partial granulation that promotes much faster settling. This enhancement significantly improves overall system performance.

Wastewater treatment technologies have evolved significantly over the past few decades, with innovations aimed at improving efficiency, reducing environmental impact, and optimizing operational costs. Among these technologies, the SBR has long been a staple in municipal wastewater treatment. However, newer systems like the one we are testing are redefining the capabilities of batch treatment processes.

This technology represents a significant advancement in batch wastewater treatment. Its advanced sludge management delivers faster settling and cleaner effluent, while its superior nutrient removal tackles both nitrogen and phosphorus without needing the extra chemicals we currently use. The system's stream-

lined control systems enhance the ability to handle variable influent loads, increase energy efficiency, reduce greenhouse gas emissions and lower the overall carbon footprint. These environmental benefits, combined with its capability to meet strict discharge standards, will help safeguard sensitive ecosystems such as the Red River and Lake Winnipeg.

In addition, this cutting-edge solution for wastewater treatment offers a compact design that has lower operating costs and uses up to 40% less space compared to a traditional SBR system. This is appealing for a community like East St. Paul. There is a very high degree of confidence that the system will perform as expected which would make it a forward-thinking choice for the future of our wastewater management.

Have a wonderful summer. As always, I wish everyone happiness and health.

**Brian Imhoff**  
**Ward 1 Councillor**  
**brian.imhoff@eaststpaul.com**  
**204-771-7569**

**EAST St. Paul PARKINSON WALK**

**Saturday, Sept. 6, 2025**

**Bird's Hill United Church, 2105 Burton Avenue**

**Registration: 10am Warm Up: 10:30am Walk: 10:45am**

**FOR MORE INFORMATION, CALL LOUISE AT 204 661 5776.**  
TO MAKE A DONATION TO PARKINSONN CANADA, GO TO:  
[Winnipeg: Louise Chernetz - Parkinson Canada](#)

Winter Sport registrations open Aug. 1st. Please visit [ESPCC.ca](#) for full sport registration details

## Successful spring season for ESPCC teams



### 11UA Baseball City and Provincial Champs

**Coach:** Courtland Potoski  
**Assistant Coaches:** Matt Sigfusson, Ryan Dasilva and Tyler  
**Players:** Asher Leitch, Connor Moore, Cylas Potoski, Hudson Hampton, Jack Bloodworth, James Pawluk, Lucas Sinclair, Lucy Sigfusson, Owen Lund, Peyton Anderson and Rory Graham



### Basketball Girls 15-18 Spring Champs

**Coach:** Arnold Capucion  
**Players:** Abigail Kirbreb, Alice Hemmerline, Caitlyn Eismendi, Claire Ashley Maranan, Goodness Osubu, Hayley Bartel, Isabella Love, Jasmine Manmohan, Makiya Beaudry, Nicole Ugochukwu, Paisley Edmonds and Saisha Capucion

### 13 UA Team 2 Provincial Champs

**Head Coach:** Bart Neal  
**Assistant Coaches:** Mark Edmonds, Mark Rzepka  
**Team Managers:** Thomas Haughton and Christa Ellis  
**Players:** Axel Romaniuk, Brody Zanewich, Carter McKay, Chance Rzepka, Charlie Ducharme, Chase Bouwman, Hugo Heidinger, Jack Lawrence, Preston Wasylin, Jaxon Nault, Sam Neal, Thomas Haughton and Walker Edmonds



**Coaches:** Lee Hurton and Christina Thys  
**Players:** Vienna Swanarchuk, Maya Kachurowski, Addison Hurton, Lucy Guilford, Peyton McAllister, Alia Russell, Jenti Lasuba, Missing: Kennedy Vokey

### Lacrosse National Team Members



Ben Sebastyanko has made the u17 and brother Nathan the u19 Team Manitoba Field Lacrosse Teams. They will attend the 2025 Alumni and First Nations Cup, the 2025 Canadian Lacrosse Nationals, in Halifax, Nova Scotia.